



# Youth Discipleship Groups

Our Lady of Joy Youth Ministry

Contact: Katherine Lahera  
klahe@oloj.org  
(480) 346-3046

## DISCERNMENT

Unleashed: Discernment helps teenagers understand how to prayerfully discern a decision, recognize spiritual movements in their lives, and teaches three "modes" of discernment based off the teachings of St. Ignatius

**Meets Sundays from 2:00 pm-3:00 pm  
and with Mass attendance at 4:00 pm  
Begins May 20th**

## PERSONAL PRAYER

Unleashed: Personal Prayer focuses on developing a personal relationship with Jesus through prayer. It teaches and provides opportunities to pray ACTS Prayer, Lectio Divina, the Rosary, the Jesus Prayer, and the Ignation Examen.

**Meets Sundays from 2:00 pm- 3:00 pm  
with Mass attendance at 4:00 pm  
Begins June 24th**

## GUY'S & GIRL'S GROUPS

### Girl's Group

Unleashed: Women is for young women and focuses on becoming women of faith by exploring the lives of women in the Old and New Testament.

### Guy's Group

Unleashed: Men is for young men and focuses on becoming strong, faithful men by exploring the lives of men in the Old and New Testament.

**Meets Sundays from 2:00 pm- 3:00 pm  
with Mass attendance at 4:00 pm  
Begins August 5th**

## WHAT IS A YOUTH DISCIPLESHIP GROUP?

A youth discipleship group is designed help teenagers grow as disciples and missionaries for the Catholic Church. Check out the topics covered this summer and sign up for a small group!!

## WHEN & WHERE

**Discernment** May 20th-June 10th every Sunday at 2:00pm. 5 week series

**Personal Prayer** June 24th-July 29th every Sunday at 2:00 pm. 6 week series

**Guy's & Girl's Groups** August 5th-September 2nd DAY OF THE WEEK TBA.

The Village Coffee Shop

7100 E Cave Creek RD  
Cave Creek, AZ 85331

All Small Groups will meet at The Village Coffee Shop in Cave Creek and meet back at Our Lady of Joy for 4:00 pm Mass.

## CHECK OUR SOCIAL MEDIA FOR UPDATES!

@oljyouthministry  
FB: Our Lady of Joy